

Curriculum Overview

The ASDAN Certificate in Personal and Social Development

Course Content

This course embraces personal, social, health, citizenship and ICT, and enables candidates to develop skills that prepare them for independence and working life.

The Personal and Social Development (PSD) qualifications offer imaginative ways of supporting students in becoming confident individuals who are physically, emotionally and socially healthy being responsible citizens who make a positive contribution to society and embrace change managing risk together with their own wellbeing as well as introducing them to new activities and personal challenges. The qualification is credit-based and candidates will study a wide range of units aimed at personal, social development. Candidates must complete 13 credits worth of units to achieve the full qualification.

Entry Requirements

The course is aimed at high needs students who are working at Entry 1 or towards Entry 2 who have minimal or no formal qualifications. Students will have an interview prior to enrolment and will undertake an assessment to ascertain current levels.

Assessment

Students complete a portfolio of evidence which is internally assessed by centre assessors against the unit assessment criteria. There is a mandatory Assessment Checklist provided for each unit that needs to be signed off by the tutor in order to complete a unit. Checklists must also be signed by the candidate, assessor and internal moderator to authenticate the work added to each candidate's portfolio of evidence.

The ASDAN Certificate in Employability

Course Content

The ASDAN Level 1 Certificate in Employability is designed to help learners develop the skills needed to become successful employees. The primary purpose of this qualification is to support them in overcoming barriers to entering work. It is primarily intended for young people and adults who are not yet ready for employment but for whom a job is a realistic aim within a reasonable timescale. It may also suit those experiencing the workplace for the first time that need to develop employability skills.

Students will study mandatory units together with a range of option units to develop employability skills. Units are designed to be practical and will allow learners to develop employability skills, which will improve their career prospects. Functional Skills in English, Maths and ICT will form an integral part of this Foundation Learning programme.

Students study a range of units to support understanding of work place requirements. Learners will have the opportunity to participate in an enterprise activity.

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Progression

- ASDAN Level 2 Award and Certificate in Employability
- Progression routes for candidates achieving the Employability qualifications include apprenticeships, traineeships, employment, further education and any other qualifications at a higher level.

Assessment

Candidates complete a portfolio of evidence which is internally assessed by centre assessors against the unit assessment criteria. Assessors need to ensure that there is explicit evidence in the portfolio to show that the candidate has met the required standard.

There is a mandatory Assessment Checklist provided for each unit (see example below). These can be downloaded from the ASDAN website and must be completed by the assessor when the candidate completes each unit. Each Assessment Checklist must be signed by the candidate, assessor, and internal moderator to authenticate the work, and added to each candidate's portfolio of evidence.

NCFE Sports Programme

Combine your love of sports and fitness with qualifications that can progress you to higher education or a career in the industry. Sport offers access to a huge choice of job roles, from hands-on fitness, to administration and management. All of our courses give students an insight into all of the sectors which can be accessed.

Our sports teachers are enthusiastic and come from a variety of sporting and teaching backgrounds and many are still very involved with sport outside the College. We also have a fun and engaging enrichment programme of extra-curricular activities. You will develop on a range of skills including:

- Teamwork
- Self-motivation
- Problem solving
- Resilience
- Communication
- Reflection

Course Content

NCFE Level 1 Course in Sports at Rise College will develop your core knowledge and skills needed for an amazing career in the sports and active leisure. This course will open your eyes to the wide world of sport. The course involves activities including taking part in sport in exercise, how the body works and sports coaching.

This is a vocational course which involves the following learning combination: classroom tuition, physical sport, a tutorial, enterprise related enrichment, extra-curriculum related enrichment, work experience in a relevant institution, and application preparation to an appropriate employer. Rise College has a wide variety of sports and clubs available to participate in.

Course Outcomes

Level 1 qualification and progression opportunities. With the addition of specific activities, the Sport study programme is designed to give applicants a higher chance of getting into a career of choice. The programme is further supported with HE talks, visits and workshops.

Progression

Level 2 Sports programme, employment or apprenticeship.

Entry Requirements

4 GCSEs at Grade 2(E) including English and Maths or Level 1 Functional Skills.

Assessment

BTEC Information Technology

Course Content

This is an introductory programme in computing and aims to provide you with the opportunity to develop a range of skills within the IT sector. The units cover activities such as creating a website, developing and using digital information with IT. Learners will develop a range of skills in the IT sector in areas such as problem-solving, working with others, communication and research and supporting progression on to further study.

Our Level 1 course introduces and inspires our students into three key industries, Information Creative Technology (ICT). The course is perfect for those who have an interest in this subject area and learn foundation skills to support their future endeavours in the IT industry. This is a one year course where you then progress onto a Level 2 course in ICT once achieved.

Course Outcomes

Mandatory Units:

- Information Technology Systems
- Creating Systems to Manage Information
- Using social media in Business
- Programming
- IT Project Management
- Cyber Security and incident Management
- IT Service Delivery

Maths and English

Functional Skills qualifications on the English and maths skills that you need for work and adult life. Functional Skills are widely recognised across all employment sectors and are the preferred qualifications for apprenticeships. Functional Skills exams are available throughout the year.

GCSE qualifications are at level 2 and you need to already have the underlying English/maths skills before doing GCSEs. These are the preferred qualifications for progression to Higher Education and for careers in Education and Early Years. GCSE exams are held on set dates each May/June so it is important to be sure that you will be able to attend on the exam dates.

We offer excellent support in class time and outside of class, with lots of support and additional classes. This support enables all students, adults and teenagers of all abilities to develop and knowledge and skills, with advice, quality teaching and guidance from specialist teachers.

Relationships and Sex Education

In 2020, the government made Health Education and Relationships and Sex education (RSE) compulsory, which makes most of the Personal Social Health Education curriculum now mandatory for all students in all schools. This applies to all students including those with Special Educational Needs. We will ensure that our students are receiving age appropriate, useful RSE that ultimately enables them to live healthy, safe lives.

'Today's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. Today children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way.

Aims for our RSE Program

The aim of Relationships Sex and Health Education is to give our young people the information needed to develop healthy, nurturing relationships of all kinds, not just intimate relationships.

Students should be given opportunities to understand how healthy relationships can benefit their own mental wellbeing and self-respect. Effective Relationships and Sex Education does not encourage early sexual experimentation but teaches our students to understand human sexuality and respect themselves and others. Knowledge about safe sex and sexual health remains important to ensure young people can make safe, informed and healthy choices as they progress to adult life (where our students have this level of understanding)

Overview of RSE Curriculum

Relationships and Sex Education	Physical Health and Mental Well-Being
Families (including different types of family units)	Internet Safety
Being Safe (including public and private behaviours)	Mental well being
Respectful Relationships including friendships	Physical Health and Fitness and Healthy Eating
Sexual Relationships and Sexual Health	Physical changing body and puberty